



# HealthActions

## PHYSICAL THERAPY

### Patient Information / Subjective Information

|   |  |
|---|--|
| Patient Name: _____                                       | Spouse/Parent Name: _____                      |
| Mailing Address: _____                                    | Mailing Address: _____                         |
| City/State/Zip: _____                                     | City/State/Zip: _____                          |
| Home Phone: _____ Cell Phone: _____                       | Home Phone: _____                              |
| SSN: _____ Sex: _____                                     | SSN: _____ Sex: _____                          |
| Date of Birth: _____ Age: _____                           | Date of Birth: _____ Age: _____                |
| <b>Email :</b> _____                                      | Spouse's Employer: _____                       |
|   | Job Title: _____ Job Phone: _____              |
| Patient's Employer: _____                                 | In case of emergency call: _____               |
| Job Title: _____ Job Phone: _____                         | Emergency phone number: _____                  |
| Is your condition accident related?                       | <b>*** FOR WORKER'S COMP PATIENTS ONLY ***</b> |
| Auto                      Work                      Other | Worker's Comp Carrier: _____                   |
| How did the accident happen? _____                        | Address: _____                                 |
|   | City/State/Zip: _____                          |
| Date of Accident: _____ Date problem started: _____       | Adjuster: _____                                |
| # of work days missed: _____                              | Adjuster's phone: _____                        |
| Date of last Doctor's appointment: _____                  | Claim # : _____                                |
| <b>Date of next Doctor's appointment:</b> _____           | Referring Physician: _____                     |
|   | Case Manager: _____                            |

**Primary Insurance Company:** \_\_\_\_\_ **Secondary:** \_\_\_\_\_

What do you want to achieve with therapy? (your goal) \_\_\_\_\_

What type of problem has brought you to therapy? \_\_\_\_\_

When did the problem begin? (date) \_\_\_\_\_

Have you ever had this problem before?    Yes    No    If yes, when? \_\_\_\_\_

What type of treatment did you receive? \_\_\_\_\_

Have you received Physical Therapy this year? \_\_\_\_\_ If Yes, # of visits \_\_\_\_\_ Location: \_\_\_\_\_

Have you received Home Health this year? \_\_\_\_\_ If Yes, # of visits \_\_\_\_\_ Location: \_\_\_\_\_

List the Physicians you have seen for this for problem: \_\_\_\_\_

Have you had any injections for your injury/condition? Yes    No    When? \_\_\_\_\_ Did it help? Yes    No

Have you had any surgery? Yes    No    Explain: \_\_\_\_\_

Have you had any hospital stays related to this problem? Yes    No    Explain: \_\_\_\_\_

Are you        employed        Unemployed        Retired        Disabled?

                    If disabled, as of when? \_\_\_\_\_ Have you received a settlement? Yes        No

Has your doctor diagnosed you with Stage One or Stage Two Diabetes?                      Yes    No

**Date:** \_\_\_\_\_ **Patient's Signature:** \_\_\_\_\_

For Patients returning to Healthactions: I have reviewed all of the above information and made any appropriate changes

Date: \_\_\_\_\_ Patient's Signature: \_\_\_\_\_



# HealthActions

## PHYSICAL THERAPY

### Consent to Treat and Privacy Notification and Acknowledgement

Patient: \_\_\_\_\_ Date: \_\_\_\_\_ DOB: \_\_\_\_\_

PLEASE PRINT

#### Consent to Treatment

Consent is hereby given for patient to receive treatment from HealthActions Physical Therapy and Wellness. I understand that risk may be associated with certain procedures, including but not limited to the risks associated with the use of the pool during aquatic therapy.

\_\_\_\_\_  
Initial

I certify that the billing information I have provided is correct. I authorize my insurance carrier to pay all benefits I may be due directly to HealthActions Physical Therapy and Wellness. Authorization is hereby given to release any information that may be necessary to process my insurance claims.

\_\_\_\_\_  
Initial

#### Rights and Responsibilities

I have received a copy of my patient rights and responsibilities.

\_\_\_\_\_  
Initial

#### Release of Medical Information

I authorize the following persons to have access to my medical information and treatment.

Spouse: \_\_\_\_\_

Family: \_\_\_\_\_

Other: \_\_\_\_\_

#### Privacy Notice

I have received the privacy notice for HealthActions

\_\_\_\_\_  
Initial

I agree that during the course of treatment my case may be discussed during weekly professional staff meetings for quality of care purposes. I agree to notifications and appointment reminders at my home address and phone number or this alternate phone number: \_\_\_\_\_

\_\_\_\_\_  
Initial

**I have read, initialed, and understand the content of this form.**

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

To be completed by HealthActions Physical Therapy and Wellness employee only if acknowledgement is refused.

After a good faith attempt to obtain this Acknowledgement, the patient or his/her representative refused or was unable to acknowledge receipt of our Privacy Notice for the following reason(s):

\_\_\_\_\_  
Signature of Employee

\_\_\_\_\_  
Date



## 24hr Cancellation/No show policy

The following are our policies regarding cancellations and no-shows. We take this subject seriously at the clinic because it can make the difference between whether you succeed in your treatment or not. Usually your referring doctor and/or your therapist have prescribed a set frequency of treatment. Showing up as scheduled for these visits is your most important job. Other than that, all you need to do is follow your therapist's instructions and we will be able to help you achieve your goals in treatment.

- **We require 24hrs notice in the event of a cancellation.** It is your responsibility, when you call in, to have an alternative time in mind that will ensure you get in the full prescribed number of treatments that week whenever possible.
- **There is a \$20 charge for a cancellation without proper notice.** This charge will not be covered by insurance but will have to be paid by you personally.
- For Worker's Compensation and Personal Injury patients documentation of any missed appointments will be forwarded to your Case Manager and Primary Physician and this could jeopardize your claim.
- You may need to see a therapist other than the one who normally treats you if you do re-arrange your appointment. All of our therapists are experienced professionals and they will study your patient chart, so you will be in good hands. You will return to your original therapist in the next regularly scheduled visit.
- Please understand that your pain will probably increase and decrease as your course of treatment progresses and before it is finally erased. Either condition can seem to be a reason not to come in: A) you're feeling worse and think the treatment is not working or, B) you're feeling better and it's a great day for hunting or fishing. Neither of these conditions is legitimate as a reason not to come: A) if you're in pain, come in and get it fixed. B) if you're out of pain, now is the time that we can begin doing some real correction of the underlying causes of your problem, educate you so you won't re-injure yourself, etc.

When you don't show as scheduled, three people are hurt: You, because you don't get the treatment you need as prescribed by the doctor and/or PT; the therapist, who now has a space in their schedule since the time was reserved for you personally; and another patient, who could have been scheduled for treatment if you had given proper notice.

Please note: Multiple cancellations (more than 3) may prevent us from being able to schedule you and may result in the need to treat you on a work-in basis.

Please cooperate with us in this regard. We're looking forward to working with you.

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Patient Signature

---

Date

---

HealthActions Employee

---

Date



## AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION

Patient's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

I hereby authorize and request:

\_\_\_\_\_(Releasor)

Name of Facility/Hospital

\_\_\_\_\_  
Address  
\_\_\_\_\_

To release to: **HealthActions Physical Therapy and Wellness** (Releasee)

(circle your location)

|                 |                 |                 |                 |                 |
|-----------------|-----------------|-----------------|-----------------|-----------------|
| JACKSON         | DOTHAN-EAST     | THOMASVILLE     | MONROEVILLE     | TROY            |
| P: 251-246-5761 | P: 334-500-1150 | P: 334-636-1461 | P: 251-575-1933 | P: 334-670-5435 |
| F: 251-246-3779 | F: 334-828-7125 | F: 334-636-1463 | F: 251-575-2807 | F: 334-670-5234 |
| DOTHAN-FLOWERS  | DOTHAN-RCC      | DAPHNE          | ATMORE          | ENTERPRISE      |
| P: 334-758-8288 | P: 334-305-0222 | P: 251-410-0620 | P: 251-491-0200 | P: 334-828-7591 |
| F: 334-758-6988 | F: 334-305-0223 | F: 251-410-0621 | F: 251-491-0201 | F: 334-828-7298 |

A copy of the medical records on the above named patient pertaining to:

\_\_\_\_\_ Outpatient care, date \_\_\_\_\_

\_\_\_\_\_ Hospitalization, date(s) \_\_\_\_\_

I acknowledge that data to be released may include material that is protected by Federal Law such as mental, drug and/or alcohol, HIV information. My signature below authorizes release to same. I understand this authorization is valid for 90 days and may be revoked by me at any time.

\_\_\_\_\_  
Signature (Patient)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date

Releasor, its agents and employees are hereby relieved of any responsibility or liability that may arise from the release or reproduction of such records and/or information.

Date: \_\_\_\_\_

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Height/Weight: \_\_\_\_\_

Please fill in the blanks and check any box that applies to you.

**Coronary Artery Disease Risk Factors:**

- |   |  |   |   |
|---|--|---|---|
| <input type="checkbox"/> Male > 45 yrs of age   | <input type="checkbox"/> Obesity                   | <input type="checkbox"/> High Blood Pressure (>140/90 or on meds) | <input type="checkbox"/> Family Hx of Coronary Artery Disease (father/brother had a heart attack by age 55, mother/sister had a heart attack by age 65) |
| <input type="checkbox"/> Female > 55 yrs of age | <input type="checkbox"/> Sedentary lifestyle & job | <input type="checkbox"/> High cholesterol (>200mg/dl)             |   |
| <input type="checkbox"/> Diabetes Mellitus      | <input type="checkbox"/> Smoking                   |   |   |

**Major Signs/Symptoms:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Pain/discomfort in chest, neck, jaw or arms  | <input type="checkbox"/> Rapid or skipped heart beat  | <input type="checkbox"/> Orthopedic limitations (foot, back, neck, knee, hip, hand, wrist, shoulder problems, broken bones, limited range of motion in joints, arthritis, bursitis) |
| <input type="checkbox"/> Shortness of breath at rest or mild exertion | <input type="checkbox"/> UNUSUAL fatigue w/ USUAL activities  |   |
| <input type="checkbox"/> Dizziness, light-headed, or fainting         | <input type="checkbox"/> Orthopnea/Nocturnal Dyspnea (difficulty breathing at night or when lying down) | <input type="checkbox"/> Intermittent Claudication (pain in calf with walking/activity)   |
| <input type="checkbox"/> Known heart murmur                           |   |   |
| <input type="checkbox"/> Ankle swelling                               |   |   |

**Cardiopulmonary/Metabolic Disease:**

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Heart Attack                          | <input type="checkbox"/> Angioplasty   | <input type="checkbox"/> Coronary Artery Bypass Grafting | <input type="checkbox"/> COPD (Lung Disease)         |
| <input type="checkbox"/> Diabetes Mellitus                     | <input type="checkbox"/> Stable Angina | <input type="checkbox"/> Congestive Heart Failure        | <input type="checkbox"/> Peripheral vascular disease |
| <input type="checkbox"/> Hospitalized within past 6 mos? _____ |  |  | <input type="checkbox"/> Pacemaker                   |

**Other:** Please check if currently or previously diagnosed with the following.

- |   |   |
|---|---|
| <input type="checkbox"/> Phlebitis or emboli _____          | <input type="checkbox"/> Asthma _____                         |
| <input type="checkbox"/> Rheumatic fever _____              | <input type="checkbox"/> Emphysema _____                      |
| <input type="checkbox"/> Fibromyalgia _____                 | <input type="checkbox"/> Bronchitis _____                     |
| <input type="checkbox"/> Low Blood Pressure _____           | <input type="checkbox"/> Pneumonia _____                      |
| <input type="checkbox"/> Trouble Sleeping _____             | <input type="checkbox"/> ↑ anxiety or depression _____        |
| <input type="checkbox"/> Migraine/Recurrent Headaches _____ | <input type="checkbox"/> Emotional disorders _____            |
| <input type="checkbox"/> Epilepsy or Seizures _____         | <input type="checkbox"/> Ulcers _____                         |
| <input type="checkbox"/> Anemia _____                       | <input type="checkbox"/> Stomach or intestinal problems _____ |
| <input type="checkbox"/> Cancer _____                       | <input type="checkbox"/> Hepatitis _____                      |
| <input type="checkbox"/> Hernia _____                       | <input type="checkbox"/> Eating Disorder _____                |
| <input type="checkbox"/> Tuberculosis _____                 | <input type="checkbox"/> Osteoporosis: _____                  |
| <input type="checkbox"/> Allergies _____                    | <input type="checkbox"/> Other: _____                         |

**MEDICATIONS WITH DOSAGE**

(include all Prescriptions/vitamins/herbs/over-the counter)

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|  |

Have you had any surgery? \_\_\_\_ Yes \_\_\_\_ No

What type of surgery did you have? \_\_\_\_\_

Have you had any hospital stays? \_\_\_\_ Yes \_\_\_\_ No

When? \_\_\_\_\_

Signature: \_\_\_\_\_

Date

Signature of Parent/Guardian: \_\_\_\_\_

(if under 19)

Date

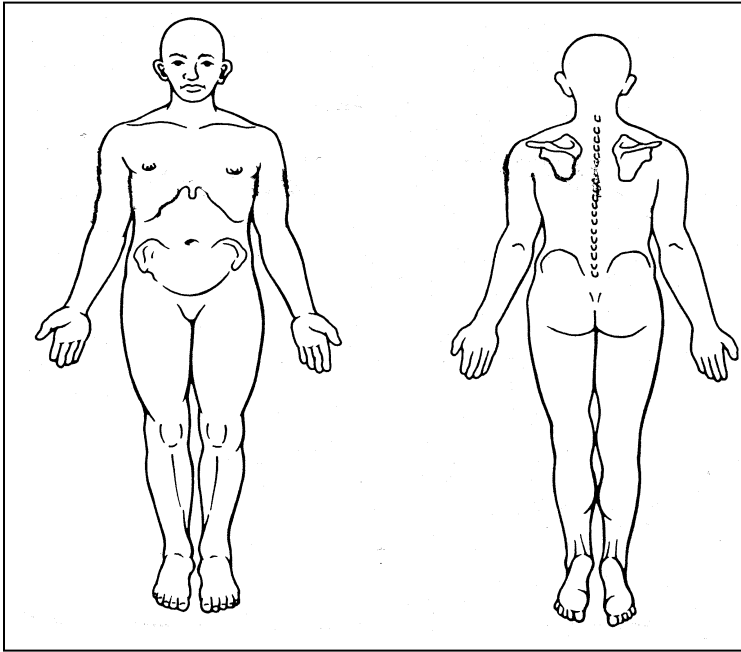
Witness: \_\_\_\_\_

Date

## PAIN INFORMATION

Name: \_\_\_\_\_

Please mark the areas where you have pain, numbness, or tingling. *P = Pain N = Numbness T = Tingling*



Pain level today. Select #:

1 2 3 4 5 6 7 8 9 10  
(least pain -----greatest pain)

What makes your pain less?

\_\_\_\_\_

What makes your pain worse?

\_\_\_\_\_

Is pain ☐ better or ☐ worse in the morning?

Is pain ☐ better or ☐ worse in the afternoon?

WHO is your employer? \_\_\_\_\_

WHAT is your job title/responsibility? \_\_\_\_\_

ARE you currently working? ☐ Yes ☐ No If yes, how much? ☐ Full Duty ☐ Restricted Duty

Hours for typical work week? \_\_\_\_\_ How many TOTAL work days have you missed? \_\_\_\_\_

What work duties/tasks have been stopped/limited by your injury/condition? \_\_\_\_\_

How did you hear about us? (Please Select one)

1. Doctor Referral
2. Website
3. Online Search
4. Radio
5. TV
6. Social Media (Facebook Twitter)
7. Newspaper
8. Mailer
9. Free Screen Card
10. Community Event
11. Family/Friend



# HealthActions

## PHYSICAL THERAPY

### Telemedicine Services Consent Form

Patient: \_\_\_\_\_

#### Informed Consent for Telemedicine Services

- I understand that telemedicine is the use of electronic information and communication technologies by a healthcare provider used to deliver services to an individual when he/she is located at a different location or site than I am.
- I understand that the telemedicine visit will be done through a two-way video link-up. The healthcare provider will be able to see my image on the screen and hear my voice. I will be able to hear and see the healthcare provider. My provider may record the visit if deemed necessary.
- I understand that the laws that protect privacy and the confidentiality of medical information including (HIPPA) also apply to telemedicine.
- I understand that I will be responsible for any copayments or coinsurances that apply to my telemedicine visit.
- I understand that I have the right to withhold or withdraw my consent to the use of telemedicine during my care at any time, without effecting my right to future care or treatment.
- I understand that by signing this form that I am consenting to receive health care services via telemedicine.

Patient Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Signature Date: \_\_\_\_\_